

Functional Anatomy for Yoga Therapists

with Karen Claffey CYT, CAYT, RYT500

July 24-25, 2016
in Hamilton ON

Event duration 2 days 7:00 am – 5:00 pm

7:00-8:30 AM Therapeutic Yoga Practice

9:15 AM-12:30 PM Morning Session

1:45-5:00 PM Afternoon Session

Breakfast 9:00-9:15 AM / Lunch 12:30-1:45 PM.

Accommodations and meals available on-site – optional/extra.

Karen Claffey, founder of Heaven on Earth - Supreme Yoga Bodywork Wellness, Integrated Health Yoga Therapy and Integrated Health Manual Therapy and is a certified yoga therapist, certified Anusara yoga teacher, and manual therapist specializing in Shiatsu, Thai Yoga Bodywork, and Structural Alignment Therapy and treating clients with specific conditions. Karen is currently in the process of completing her Diploma in Osteopathic Manipulation. She has extensively studied yoga therapy and holistic approaches to health with many inspiring teachers and honors them for much of her knowledge and efficacy as a teacher, healer and therapist.

To Register:

Send payment of \$340.00 tax included payable to:

Karen Heaven Inc.

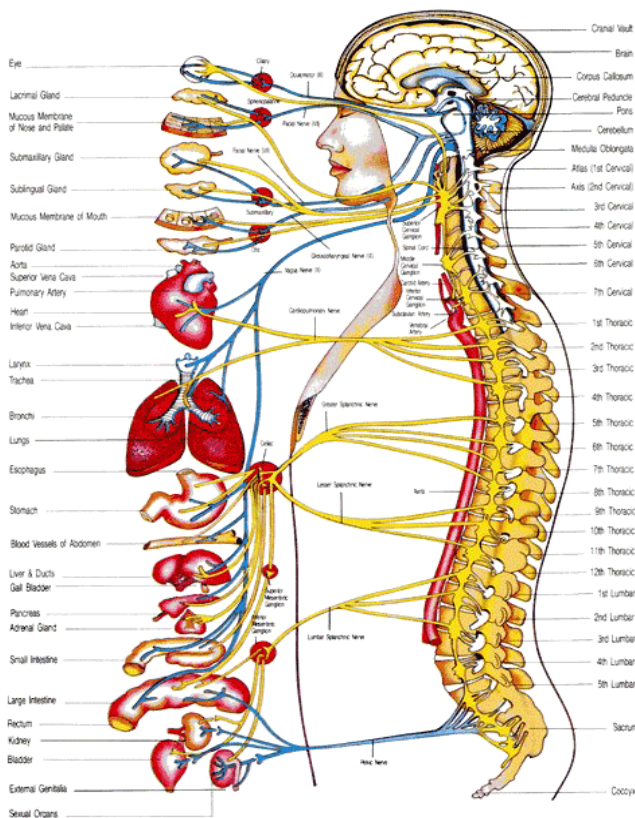
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This course is designed to build the yoga therapist's knowledge of functional anatomy and physiology, and to introduce how this knowledge can provide a framework for working with patients with common medical and orthopedic conditions. Participants will learn about the structures and functions of the body, with a special focus on the cardio-respiratory and nervous systems. Topics include how all of the systems interact with each other, and are affected by lifestyle, and can be addressed with yoga therapy.