## Manual Therapy for Couples - Upper Body

Saturday August 5, 2017

1:00 - 4:00 pm

Learn manual therapy techniques to ease aches and pains for the back, shoulders, head and neck.



No experience necessary. Take turns giving and receiving deeply relaxing and soothing shiatsu massage.

Singles welcome – you will be partnered up with other singles.

Instructor: Karen Claffey

Location & Contact:

Heaven on Earth, 188 Green Mountain Rd E.,

Stoney Creek, ON L8J 3A4

Email: info@heaven-onearth.ca

Phone: 905.664.9099

To secure your space send payment of:

\$69 per couple | \$45 per person including HST